

The Playweb partners

FRANCE

FEILLENS

Collège Saint Charles

www.ecole-college-prive-feillens.org

ITALY

PAVIA

Scuola Media Felice Casorati

www.mediacasorati.com

PORTUGAL

ALMADA

Escola secundaria Emidio Navarro

www.esen.pt

SPAIN

EL VISO DEL ALCOR

IES Profesor Juan Bautista

www.iesprofesorjuanbautista.es

PLAYWEB website :

www.play-web.eu

Ressources



DG Éducation et culture

COMENIUS

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France :

www.netecoute.fr

Tel. : 0800 200 000

Italy :

www.azzurro.it

Tel : 800090335

Portugal :

linhaalerta.internetsegura.pt

Tel : 21 391 15 59

Spain :

www.osi.es

Tel : 900202010 (ANAR)



Help the children have a safer use of internet

Project Comenius PLAYWEB



10 essential tips

1. Put the computer in a common room to enable exchanging and supervising (Don't put the computer in the child's room).

Be careful! You can connect to internet with a computer, a television, a game console, a mobile phone or a tablet.

2. Always speak with your children about the way they use internet and the sites they like.

3. Give value to their experience of internet if it is interesting.

4. Control the sites, services and games they use.

5. Let your children know about the possible risks they run if they give personal data (name, address, telephone number, photos) to avoid that information being used by evil-minded people or simply used for excessive commercial purposes.

Be careful they mustn't post personal embarrassing photos of them or their friends !

6. Stay with them : set a good example !

7. Don't forget the parental control filter, but be careful, no filter will replace parents' watchfulness.

8. Supervise the use of internet : How many hours ? Every day ? What time ? Which websites are allowed and which ones should be avoided ?

Be careful about addictions ! Encourage your children to do different activities and don't forget : sleeping, school and social life are important.

9. Let your children know that they can come across shocking or disturbing images and ask them to talk to you if it happens, because most of the time, your children are not responsible for what they have seen.

10. Develop their critical mind and insist on the fact that all they can see on internet is not always true.

